

Recommended Prevention and Control Measures

Influenza or Influenza-like Illness in Schools or Child Care Facilities

- Recommend faculty, staff, parents, and children to get vaccinated against influenza.
- Review proper hand-washing hygiene with students and staff.
- Limit group activities when possible.
- Always cover your mouth with a tissue when coughing or sneezing. Cough or sneeze into your upper sleeve or elbow, if you do not have a tissue available.
- Dispose of used facial tissues that contain nasal secretions.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Routinely clean and disinfect frequently touched surfaces or common areas with appropriate cleaner, such as those that contain detergent, chlorine, hydrogen peroxide, and alcohols.

For More Information: Visit [cdc.gov/flu](https://www.cdc.gov/flu).



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