

STEP BY STEP USE OF AN AED

The AED will guide you through the entire process until help has arrived.

Follow the visual & voice prompts of the AED

1. Call 911.

If you see someone collapse, immediately call 911 and get the paramedics en route. If there are other people around, choose someone specific and instruct them to call 911 and explain the situation. This decreases confusion about who should do what and ensures that the call is being placed.

2. Check the victim's breathing and airway.

If someone has collapsed, you should immediately determine whether they are breathing. If the victim is breathing, you know that they have a pulse. If the victim is not breathing, check the airway is clear then begin CPR at 2 breaths then 30 chest compressions at a depth of 4-5cm.

3. Locate an AED.

If there is an AED nearby, ask a bystander to take over CPR while you apply the AED chest electrode pads to the victim. Uninterrupted CPR is an important factor in increasing the recovery rate of cardiac arrest patients. Always ensure that someone is providing CPR for the victim unless the AED machine is actively analysing or shocking the victim.

4. Turn on the AED.

Follow the visual & voice prompts of the AED

5. Attach the electrode pads to patients bare chest. (Expose the patients bare chest, male or female)

First ensure that the adhesive AED pads are attached to a cable, which is plugged into the AED machine. Then bare the victim's chest including females and attach the adhesive AED pads in the appropriate locations. The AED should include a diagram (typically on the adhesive pads themselves) indicating where each pad goes.

6. Always follow the instructions of the AED.

Note: CPR should not be interrupted while the adhesive electrode pads are being applied.